

Shaheedi Jor Mela • Rules and Guidelines

Saturday, December 21, 2024 at Stockton Gurdwara from 10am-5pm

Gatka Competition

Timing: 11am-3pm Location: Outdoors in main Parking Lot

Groups and Guidelines:

Group #1: Ages 0-10 – Spinning Competition

- Participants will be judged based on their ability to spin any 3 Shastars.
- Time Limit: 90 seconds, including Painthra.
- Points will be based on: Painthra, Creativity, Speec, Cleanliness, and Fluidity.
- If a Shastar is dropped, points will be deducted.

Group #2: Ages 11-15 – Fighting Competition

- Time Limit: 2 Minutes
- Double-Elimination
- Points:
 - Back = 3 points
 - Head, Arms, Torso, Forearms, and Wrists = 2 points
 - Legs and Feet = 1 point
- 3 Fouls = Elimination
 - Face hit, slashes, pokes, kan pati, groin shots, stepping out of bounds, double vaars, aggressive vaars, and fighting/arguing with referee/opponent/scorekeepers/sangat.
 - If ANYTHING falls (shastars, kirpan, fari soti, hazuria, kamarkasa)
 - 3 sanjay vaars = 1 foul per player
- No Charraee Rule:
 - Should an advancing player be struck as they step forward, especially with no vaar in play, the defending player will receive the point.
 - If the advancing player has released their vaar at the same time as the advancing player, it will be rules as a sanjha vaar; no points will be allocated, and a foul will be given to each player.
 - All things considered, competitors should play a conservative game – focusing on defense and movements – as opposed to rushing the opponent to strike first.

NOTE: Participants who do not show respect to the Coordinators and Judges will be eliminated immediately. All ruling is final.

To contact us for the Gatka Skills Competition, please call Tejpaal Singh at (209) 627-9233